



Washington State
Department of Social
& Health Services

Transforming lives

DSHS 22-1841 (Rev. 4/23)

Reduced Cost Services Guide



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Introduction

The following **Reduced Cost Services Guide** highlights a variety of products and services available in or near Washington state that are offered at reduced cost for people meeting certain income levels.

[We hope this resource will help you to find more affordable options for common and often essential products and services.](#)

Nearly one of every four Washington citizens turns to the Economic Services Administration (ESA) for assistance with cash grants, food, child support, child care, disability determination and supports for transition to employment and other services. Each day this customer base of almost two million receives service from 4,200 dedicated ESA employees help individuals and families across Washington State meet their foundational needs and work toward achieving their full potential.

Every day, strong organizational values help us transform our vision into reality. This means progress toward the achievement of our unified goal to reduce the number of individuals and families living in poverty by 50 percent by 2025 in a way that eliminates disparities. Pursuit of this unified goal shapes our organizational culture and guides decision-making on everything from staffing decisions to setting priorities on allocation of limited resources.

Our values and commitment to providing opportunities for people and reducing poverty led to this project. We hope you will find it useful.

The Department of Social Health Services (DSHS) and the Economic Services Administration (ESA) do not endorse any of the products and services included. The contents of this resource are not constantly updated, therefore occasional outdated information may be included. Please confirm the product or service cost details prior to ordering. Additionally, while we made every effort to include all options, some may have been missed.



Glossary of Acronyms

CHIP: Children's Health Insurance Program - Provides health coverage to eligible children, through both Medicaid and other CHIP programs.

DVR: Division of Vocational Rehabilitation - A statewide resource assisting people with disabilities to prepare for, secure, maintain, advance in, or regain employment.

EBT: Electronic Benefits Transfer - If you receive food assistance in Washington, you will be issued an EBT card, also known as a "Quest Card." You use this card like a debit card to purchase food items at stores. Cash assistance recipients are given the choice of an EBT card or direct deposit into a bank account.

FMNP: Farmers Market Nutrition Program - Eligible WIC participants are issued FMNP coupons in addition to their regular WIC benefits. These coupons can be used to buy eligible foods from approved farmers' markets or roadside stands.

FPL: Federal Poverty Level - An economic measure that is used to decide whether the income level of an individual or family qualifies them for certain federal benefits and programs. The FPL is the set minimum amount of income that a family needs for food, clothing, transportation, shelter and other necessities.

Medicaid: In Washington State, Medicaid is called Apple Health. Apple Health provides preventative care, like cancer screenings, treatment for diabetes and high blood pressure, and many other health care services.

NSLP: National School Lunch Program - A meal program operating in public, non-profit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children.

PUD: Public Utility District a community-owned, locally regulated utility.

SNAP: Supplemental Nutrition Assistance Program (formerly known as food stamps) – Called Basic Food in Washington, the program provides food assistance to low-income families and individuals. Benefits are issued through the EBT system and used at participating grocery stores or markets.

SSI: Supplemental Security Income – A federal income supplement program designed to help aged, blind and disabled people who have little to no income. SSI provides cash to meet basic needs for food, clothing and shelter.

TANF: Temporary Assistance for Needy Families - Provides cash grants to families with children and pregnant women who are below income and resource limits. Persons who are caring for a relative's child or guardians who are acting in the place of a parent are also able to apply for TANF on behalf of these children.

WIC: Special Supplementation Program for Women, Infants and Children - Provides supplemental foods, health care referrals and nutrition education for low-income pregnant, breastfeeding and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

Internet Discount Programs

Federal Internet Discount Program <i>(click on the Company Name for an internet link)</i>													
Company Name	Service Area	Program Name	Eligibility	Conditions	Cost	Type of Internet	Installation Fee	Hardware Fees	Download Speed	Upload Speed	Term of Service	Data Cap	Extras
Universal Service Co.*	All states + DC	Lifeline	Household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household participates in at least one of the programs below (please see ACP link for complete list): Federal Pell Grant during the current award year, Free and Reduced-Price School Lunch, SNAP, Medicaid, Federal Housing Assistance, SSI, WIC, Veterans Pension or Survivor Benefits, TANF/Tribal TANF	Lifeline also offers phone assistance. Households may select one or the other, not both	Participating firms will reduce the cost of existing household service by \$9.25/m (or \$34.25/m if a tribal member and live on federally recognized tribal lands.)	Wireless/landline telephone, home internet, or cell phone plan	Varies	Varies	Minimum of 18 Mbps	Minimum of 2 Mbps	No contract but reestablish eligibility annually	Varies	If a tribal member and live on federally recognized tribal lands, Lifeline can reimburse the full cost (up to \$100) of initiating internet service (w/ certain companies)

Internet Discount Programs (continued)

Federal Internet Discount Program <i>(click on the Company Name for an internet link)</i>						
Company Name	Service Area	Eligibility	Benefit	Description	Extras	Contact Information
<u>Affordable Connectivity Program</u>	All states + DC	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL	A discount of \$30/m (\$75/m on tribal lands) toward broadband services	The EBB is teaming up with hundreds of broadband providers to provide a temporary discount on broadband services to low income households	A one time \$100 discount on a laptop, desktop or tablet computer if you contribute at least \$10 to the purchase price	Phone: 1(888) 225-5322
*LifeLine Program Participants <i>(click on the Company Name for an internet link)</i>						
Company Name	Service Area	Eligibility		Type of Internet	Contact Information	
<u>CenturyLink</u>	Longview, Kelso, Rainer, Castlerock, Vader, Ridgefield, Winlock, Skamokawa, Battle Ground, Yacolt, Brush Prairie, Pe Ell, Chehalis, Vancouver, Centralia, Morton, Rochester	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL		DSL	Phone: (800)244-1111	
<u>Consolidated Communications</u>	Cle Elum, Eatonville, Ellensburg, Kittitas, Lacey, Mckenna, Naches, Olympia, Rainier, Roy, Selah, Tenino, Thorp, Tumwater, Vantage, Yakima, Yelm	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL		Wireless	Phone: (844)YOUR-CCI	
<u>Q Link</u>	Washington (main service around major highways)	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL		Mobile	Phone: (855)754-6543	
<u>TDS Telecom</u>	Amboy, Anatone, Asotin, Cinebar, Ethel, La Center, Mossyrock, Onalaska, Salkum, Silver Creek	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL		DSL	Phone: (855)220-2592	
<u>Viasat</u>	Washington	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL		Satellite	Phone: (844)702-3199	
<u>Rainier Connect</u>	Centralia, Eatonville, Fife, Fircrest, Graham, Lakewood, Puyallup, Roy, Spanaway, Tacoma, University Place	SNAP, Medicaid, SSI, Housing, Veterans & Survivors Pension, Tribal assistance programs or if income is less than 135% FPL		Cable	Phone: (253)683-4100 or (800)832-5725	

Internet Discount Programs (continued)

Low Cost Wired In-Home Internet Options <i>(click on the Company Name for an internet link)</i>												
Company Name	Eligibility	Conditions	Cost	Type of Internet	Installation Fees	Hardware Fees	Download Speed	Upload Speed	Term of Service	Data Cap	Extras	Contact
Comcast	NSLP, Housing, Medicaid, SNAP, SSI	No debt owed to Comcast in the last year and is not a current subscriber	\$9.95/m + tax	Cable Internet	None - choice of self-installation or professional installation	Included with no extra cost	50 Mbps	Enjoy cost-effective connectivity, with no installation fee and rent-free modems	No contract but reestablish eligibility annually	1 Tb/m, excess use will be automatically charged at \$10 per 50 Gbs not to exceed \$200/m	Low cost laptop or desktop computer for \$150, limited Xfinity hotspot use, and internet usage classes	Phone: (800)-XFINITY
Charter Spectrum	NSLP, SSI, SNAP, TANF	Not a current subscriber	\$14.99/m + tax	Cable Internet	Self-Install Kit for free or \$49.99 for a professional	Included with no extra cost	30 Mbps	Varies	No contract but reestablish eligibility annually	Unlimited	Home WiFi for \$5/m more	Phone: (833)267-6094
Wave	A participant in public assistance programs, Medicaid, SNAP, SSI, and others	No credit check, and have not subscribed to Wave services within the 60 day period prior to applying for the program	Free for 60 days, \$9.95/ m + tax for additional 10 months	Satellite	Free	Varies on plan	25 Mbps	Varies	No contract	2 TB - Unlimited is an extra \$20.00/m	None	Phone: (855)971-1252
Walmart Family Mobile	SNAP, Medicaid or other social assistance programs	Limited to 1 household - requires an unlocked T-Mobile or GSM compatible phone	\$14.88/m	Mobile Internet	None	None	N/A	N/A	No contract	None	Unlimited talk, text and mobile hotspot capable	Phone: (877)440-9758

Free or Discounted Telephone Programs

LifeLine Free Federal Wireless Program <i>(click on the Company Name for an internet link)</i>								
Company Name	Service Area	Program Name	Eligibility	Conditions	Cost	Type of Service	Term of Service	Extras
Universal Service Co. *	All states + DC	LifeLine	Medicaid, SNAP, SSI, Federal Public Housing Assistance, Bureau of Indian Affairs General Assistance, Tribally-Administered TANF, Food Distribution Program on Indian Reservations, Tribal Head Start, Veterans and Survivors Pension Benefit, if income is less than 135% of FPL	Lifeline also offers internet services. Households may select internet assistance or cell phone assistance, not both.	Free or reduced cost service plans. Some offer free phones. – see details below All plans offer the opportunity to purchase additional monthly minutes for a fee	Wireless cellular service	No contract but reestablish eligibility annually	Tribal members residing on federally recognized tribal lands may receive additional discounts or increased service levels

LifeLine Program Participants - Free Services <i>(click on the Company Name for an internet link)</i>				
Company Name	Cost	Specifics	Extras	Contact Information
Access Wireless	Free – if eligible	Using your own compatible phone or one you purchase; unlimited talk, text and data (25 GB high speed) per month. Only one line per household.	Tribal customers are eligible for unlimited talk and text and 5.5 GB of data	(888)900-5899
Assurance Wireless	Free – if eligible	Free Android smartphone (shipping charges may apply); unlimited talk, text and data (35GB high speed) per month. Only one line per household.		(888)321-5880
EnTouch Wireless	Free – if eligible	Some residents may be eligible for a free smartphone; 1000 voice minutes, 500 texts and 100 MB of data per month. Only one line per household.	Tribal customers are eligible for unlimited voice and text and 4.5 GB of data	(800)551-4636
Life Wireless	Free – if eligible	Free cell phone (shipping charges may apply); 1000 voice minutes, unlimited texts, 30 GB of data per month. Only one line per household.		(888)543-3620
Q-Link	Free – if eligible	Using your own compatible phone; unlimited voice, text and data. Only one line per household.	Eligible customers can get a new tablet through the EBB program.	(855)754-6543
SafeLink	Free – if eligible	Using your own compatible phone or one you purchase; unlimited voice, text and data. Only one line per household.		(800)723-3546

Free or Discounted Telephone Programs (continued)

LifeLine Program Participants - Free Services <i>(click on the Company Name for an internet link)</i>				
Company Name	Cost	Specifics	Extras	Contact Information
Terracom	Free – if eligible	<p>Plan #1: Using your own compatible phone or one you purchase; 1000 voice minutes, and unlimited text for free each month. Only one line per household.</p> <p>Plan #2: Using your own compatible phone or one you purchase; 500 voice minutes, unlimited text and 4.5 GB data per month. Only one line per household.</p>	<p>Tribal Plan #1: Using your own compatible phone or one you purchase; 10,000 voice minutes and unlimited text. No data.</p> <p>Tribal Plan #2: Using your own compatible phone or one you purchase; 10,000 voice minutes (local calls only), unlimited text and 4.5 GB data.</p>	(888)716-8880

LifeLine Program Participants - Reduced Cost <i>(click on the Company Name for an internet link)</i>					
Company Name	Service Area	Discount	Specifics	Extra	Contact Information
AT & T Mobility	Washington	\$7.25/m discount	Using your own compatible phone or one you purchase; 1000 voice minutes	For eligible tribal members residing on tribal lands the cost may be as low as \$1 per month.	(800)377-9450
Inland Cellular	Dayton, College Place, Moses Lake Davenport, Hartline, Pomeroy, Ritzville	\$5.25/m discount	Using your own compatible phone or one you purchase; choose a plan and receive the discount	Eligible members of the Nez Perce Tribe who live on tribal lands may qualify for up to \$25 off	(208)798-0245
T-Mobile	Washington	\$9.25/m discount on a typically \$19.99/m plan	Using your own compatible phone or one you purchase; unlimited talk and text and 2 GB data per month		(800)937-8997

Utility Assistance Programs

Program Name	Service Area	Utility Type	Eligibility	Conditions	Services
Low Income Home Energy Assistance Program (LIHEAP)* <i>see below for utilities that participate in LIHEAP</i>	WA	Heat	Household's average monthly income is at/below 125% the FPR (Federal Poverty Level)	Household has not received LIHEAP in current program year (10/01-06/30) Pays residential heating costs directly to vender or indirectly through rent	Provides an energy assistance grant directly to the energy provider on behalf of eligible household. May also repair or replace an unsafe/dysfunctional/inoperative heating system
Hopelink	Bellevue, Shoreline, Redmond, Carnation, Kirkland, Snohomish County - WA	Natural Gas, Electricity, Oil, Propane, Wood and wood pellets	LIHEAP or PSE HELP	None	Provides grants to assist with utility bill payments. Grants range from \$100-\$1,000 based on average monthly income, # of people in household, and cost of heat over the past year
Helping Hands Program	Kittitas County, Chelan County, Benton PUD, Big Bend Electric, City of Richland, City of Kennewick, Franklin PUD	Electric	Varies based on local Community Action Councils evaluations	None	Helps pay electric bills

***LIHEAP Inclusive Programs** *(click on the Program Name for an internet link) If you are a Tribal member household residing on or near a Federally Recognized Tribe or Recognized American Indian Organization, please check with your Tribe about a LIHEAP program.*

Program Name	Service Area	Utility Type	Contact Information
Mason County Public Utility District 3	Mason County, WA	Energy	Phone: (360)426-8255
Avista Utilities	WA, ID, OR	Weatherization, heating system improvements, and financial assistance	Residential: (880) 227-9187 Hearing Impaired: Dial 711
Cascade Natural Gas	WA, OR	Gas, Heat	Phone: (888)-522-1130
OlyCap	Jefferson County, Clallam County, Mason County	Electric, Propane, Heating, Energy	Port Townsend: (360)385-2571 Port Angeles: (360)452-4726 Forks: (360)374-6193
Ferry County PUD	Ferry County, WA	Heat	Phone: (509)775-3325
City of Richland	Richland, WA	Varies	Phone: (509)942-7390
Okanogan County PUD	Okanogan County, WA	Heat	Phone: (509)422-3310
Pend Oreille PUD	Pend Oreille County, WA	Heat	Phone: (509)447-3137
Stevens PUD	Stevens County, WA	Heat	Phone: (509)233-2534
Lincoln PUD	Lincoln County, WA	Heat	Phone: (877)265-3211
Chelan PUD	Chelan County, WA	Heat, Energy	Chelan: (509)682-2581 Leavenworth: (509)548-7761 Wenatchee: (509)663-8121

Utility Assistance Programs (continued)

Other Discounted Utility Options <i>(click on the Program Name for an internet link)</i>						
Program Name	Service Area	Utility Type	Eligibility	Conditions	Services	Contact Information
<u>Chelan County PUD</u>	Chelan County, WA	Energy	Total annual household income must be 150% or below the federal poverty level	None	5-30% discount on monthly energy bill	Chelan: (509)682-2581 Leavenworth: (509)548-7761 Wenatchee: (509)663-8121
<u>City of Bellingham Utilities</u>	Bellingham, WA	Varies	62 (+): \$42,043 or less 18(+): \$42,043 or less AND receiving permanent Social Security Disability payments	Renewal applications annually	Reduction of their utility bill by set percentages: 0-50% of qualifying income-75% reduction 51%-75% of qualifying income- 50% reduction 76%-100% of qualifying income- 25% reduction	Phone: (360)778-8000 Fax: (360)778-8001
<u>City of Port Angeles</u>	Port Angeles, WA	Electric, Water, Sewer, Refuse, Storm water	Total household income is at or below 125% poverty level.	None	25% discount on utility rates	Phone: (360)457-0411
<u>Clallam County PUD</u>	Clallam County, WA	Electric	LIHEAP: Total household income must be 150% or below the federal poverty level CCPUD: Total household income must be 200% or below the federal poverty level	Must provide 2 forms of identification	Various discounts on electric bills and possible Neighborly Assistance Program	Phone: (360)452-9771 or (800)542-7859

Utility Assistance Programs (continued)

Discounted Utility Options <i>(click on the Program Name for an internet link)</i>						
Program Name	Service Area	Utility Type	Eligibility	Conditions	Services	Contact Information
<u>Clark Public Utilities-Guarantee of Service Plan (GOSP)</u>	Vancouver, WA	Energy/Electricity	Has an active Clark Public Utilities account and earns less than 200% of the Federal Poverty level	Must provide proof of all household income for the past 4 months, social security cards for all household members, and a fuel bill showing home address	Eliminates built-up debt by completing their program to become exempt from paying late charges for energy services and the remaining account balance is forgiven	Phone: (360)992-3000 or 1-(800)562-1736
<u>Cowlitz County PUD</u>	Cowlitz County, WA	Electric	Must meet the low-income standards based on the Federal Poverty Level, be a listed customer on the account, AND either have a eligible disability or 62+ years old	Must meet and complete Lower Columbia CAP, discounts are not available for seasonal/secondary residences, re-apply every 2 years	Reduced electric rate	Phone: (360)423-2210 or 1-(800)631-1131
<u>Energy Assistance Program (EAP)</u>	Pierce County, WA	Heat	LIHEAP or PSE	None	Provides education on energy conservation, utility payment plans and budgeting as well as assists with bill payments	Phone: (404)954-2054
<u>Ferry County PUD</u>	Ferry County, WA	Electric	62+ years old and have a combined family income of \$24,000 or less per year, LIHEAP	None	Reduces monthly Basic Charge on the electric bill	Phone: (509)775-3325
<u>Grant PUD</u>	Grant County, WA	Electric	Must be 62+ years old or have a qualifying disability as well as be at or below 150% of Federal Poverty Level	None	20% rate discount on electric bill	Phone: (509)766-2505

Utility Assistance Programs (continued)

Discounted Utility Options <i>(click on the Program Name for an internet link)</i>						
Program Name	Service Area	Utility Type	Eligibility	Conditions	Services	Contact Information
<u>Jefferson County PUD</u>	Jefferson County, WA	Electric	Total household income must not exceed 150% of the Federal Poverty Level	None	A \$44.84 monthly bill credit and Also qualifies for \$12.73 credit on their PUD water charges and 30% discount on PUD sewer charges	Phone: (360)385-5800
<u>Klickitat PUD</u>	Klickitat County, WA	Electric, Water/Wastewater, Lighting	Age 62+, who have total household incomes of \$24,806/yr or less	If customers move, they will need to re-apply	Lower utility payment rates	Phone: (509)493-2255
<u>Lewis County Public Utility District (PUD)</u>	Lewis County, WA	Varies	Household net earnings cannot exceed 200% of Federal Poverty Level	Obtain and submit a minimum of two bids from approved contractors prior to installation	Offers a variety of utility installments	Phone: (800)562-5612
<u>Pacific Power</u>	WA, OR, CA	Energy	Must be at or below 150% of the Federal Poverty Level	Certifies annually	Provides credits on kilowatt hours consumed over 600 kWh monthly	Phone: 1-(888)221-7070
<u>Pend Oreille PUD</u>	Ferry County, Stevens County, Pend Oreille, and Lincoln County	Weatherization	Low-Income Home Owners/Renters	None	Reduce energy costs by increasing the efficiency of their homes while ensuring their health and safety	Phone: (509)447-3137
<u>PSE Home Energy Lifeline Program (HELP)</u>	Island County, King County, Kitsap County, Lewis County, Kittitas County, Pierce County, Skagit County, Snohomish County, Thurston County, Whatcom County	Energy	Proof of reduced income or unemployment	Varies	Pays utility bills directly to utility companies, all applicants receive education on energy conservation, utility payment plans and budgeting	Phone: (888)225-5773

Utility Assistance Programs (continued)

Discounted Utility Options <i>(click on the Program Name for an internet link)</i>						
Program Name	Service Area	Utility Type	Eligibility	Conditions	Services	Contact Information
<u>Seattle City Light</u>	Seattle, WA	Electric + additional utility discounts	Must be a customer and total household income is 70% of the state's median income	None	Lowers electric bills of qualified customers by 60%, Seattle Public Utilities customers will also receive 50% off their sewer, water, and garbage bills if enrolled in this program	Phone: (206)684-3000
<u>Seattle Office Housing</u>	Seattle, WA	Weatherization	Must qualify under Seattle Office of Housing	None	Varies based on assessment of the house, all services are FREE	Phone: (206)684-0721
<u>Skamania County PUD</u>	Skamania County, WA	Electricity, natural gas, propane, wood, weatherization	Low-income families, persons of disabilities, persons of seniority on low and fixed incomes, and residents that are in danger of losing their heat source	None	Assists with utility bills based on need	Phone: (509)427-5126 or (800)922-5329
<u>SNAP Energy Assistance</u>	Spokane County, WA	Energy	Average monthly income at/below the income guidelines	Must live in Spokane County	A household cannot have received LIHEAP energy (heating) assistance since October 1st, 2019	Phone: (509)456-7627
<u>Snohomish County - Public Utility District No.1 (PUD)</u>	Snohomish County, WA	Electric/Water	Varies based on Total Household Income Limits (see link to program)	None	Offers year-round income-qualified rate discounts of 20-60% off of PUD electric and water bills	Phone: (425)783-1000 or (877)-783-1000
<u>Tacoma PUD</u>	Tacoma, WA	Electric, Drinking/Waste/Surface/Solid Water	Be a current TPU customer, the house one the application must be primary residence, and must be 200% of the Federal Poverty Level	None	Grants for utility bills	Phone: (253)502-8600
<u>Tanner Electric Cooperative</u>	Western WA	Electric	Energy Assistance Program (EAP)	None	Provides education on energy conservation, utility payment plans and budgeting as well as assists with bill payments	Phone: (425)888-0623

Utility Assistance Programs (continued)

Discounted Utility Options <i>(click on the Program Name for an internet link)</i>						
Program Name	Service Area	Utility Type	Eligibility	Conditions	Services	Contact Information
Wahkiakum PUD	Wahkiakum County, WA	Electric, Water	Applicants must be low income families in need. Wahkiakum County Health and Human Services screens applicants to confirm eligibility. Not required to be in disconnect status in order to be eligible	Only can applied to one monthly billing cycle, may receive assistance once per calendar year for one residential account	Assists eligible low income individuals pay their utility bills	Phone: (360)795-3266 or (360)465-2171
Washington State Weatherization Programs	WA	Weatherization	Total household income at/below 200% the FPR (Federal Poverty Level) or 60% SMI (State Median Income) - whichever is greater	None	Adds insulation, sealing cracks, and other changes that reduces heat loss	Main: (360)725-4000 Spokane: (509)720-9656 Seattle: (206)256-6100



Transportation Discount Programs

Program	Service Area	Eligibility	Cost Description	Extra Information	Contact Information
ORCA LIFT	King Snohomish, Kitsap Counties + Sound Transit	Family income must be at/below 200% the federal poverty level	Card itself is free Up to 50% reduction	Must renew after 2 years, you need to add value to the card. Must be between 19-64 years old	(206)553-3000 or (800)756-5437
ORCA Youth	King Snohomish, Kitsap Counties + Sound Transit	Must be between 6-18 years old	\$5.00 per card	Proof of age (student ID, state ID, birth certificate), you need to add value to the card	(206)553-3000
Subsidized ORCA	King Snohomish, Kitsap Counties + Sound Transit	Residents of King, Pierce and Snohomish Counties who receive cash assistance (includes SSI) from DSHS Residents of King, Pierce and Snohomish Counties who receive food assistance from DSHS	Free travel in King, Pierce Counties. Free travel in some of Snohomish County. Up to 50% reduction on Everett Transit, Kitsap Transit and Community Transit services.	DSHS will not be responsible to replace any lost ORCA Cards	(800)501-2233
Lyft	Seattle and Tacoma	Low Income people in Seattle and Tacoma	Free	Lyft, partnering with several organizations, will give free rides to low income people to get to job interviews AND up to the first three (3) weeks of work (or until the first paycheck). Use this screening tool to get started.	
ORCA-Eligible Programs <i>(click on the Company Name for an internet link)</i>					
Company Name	Service Area	Eligibility	Cost Description	Extra Information	Contact Information
Tacoma Link Light Rail	Downtown Tacoma, WA	None	Free	Service 5:30am to 10:00pm (Mon-Fri), 8:00am to 10:00pm (Sat), 10:00am to 6:00pm (Sun and holidays)	Phone: (253)284-3254 or (800)272-2662
Everett Transit	Everett, WA	ORCA LIFT cardholder	\$1.50/person for local bus riders	Commuter Route 70 remains the same as Community Transit's local service	
Everett Transit	Everett, WA	ORCA LIFT/YOUTH cardholder	Fare: \$1.50 Monthly Pass: \$54	None	Phone: (425)257-777
King County Water Taxi	King County, WA	ORCA/ORCA Youth cardholder	Adult: \$5.00, ORCA LIFT: \$3.75, Youth: \$3.75	One-Way Fair	Phone: (206)477-3979
King County Metro Sound Train	King County, WA	ORCA cardholder	Varies from \$2.50-\$4.25 based on distance (adult)	One-Way Fair	Phone: (888)889-6368
King County Metro Seattle Streetcar	King County, WA	ORCA LIFT cardholder	\$1.50/person	One-Way Fair	Phone: (206)684-7623
King County Metro Link Light Rail	Travels between UW Station and Angle Lake Station	ORCA cardholder	Varies from \$2.25-\$3.25 based on distance (adult), \$1.50 (youth), Free for 5 and younger	Service is available 5:00am to 1:00am (Mon-Sat) and 6:00am to 12:00am (Sun), One-Way Fair	Phone: (206)553-3000

Transportation Discount Programs (continued)

Company Name	Service Area	Eligibility	Conditions and Extra Info	Cost	Contact Information
<u>Community Transit Buses</u>	Arlington, Bellevue, Bothell, Brier, Darrington, Edmonds, Everett, Everett (Boeing), Gold Bar, Granite Falls, Lake Stevens, Lynnwood, Marysville, Mays Pond, Mill, Creek, Monroe, Mountlake Terrace, Mukilteo, Seattle (Downtown), Seattle (U District), Shoreline, Silver Firs, Snohomish, Stanwood, Tulalip/Quil Ceda	ORCA LIFT cardholder	\$1.25 for all local bus riders (routes within Snohomish County). \$2 for all commuter bus riders (routes that travel to and from King County).	None	Phone: (800)562-1375
<u>Garfield County Transportation Authority</u>	Garfield County, WA	None	None	Free	Phone: (509)843-0200
<u>Whatcom Transportation Authority</u>	Whatcom County, WA	None	Sun-Sat during the Northwest Washington Fair	Free	Phone: (360)715-4500
<u>Union Gap Transit/ Para Transit</u>	Union Gap	Union Gap Transit: None Para Transit: ADA transit eligible	Within city boundaries	Free	Phone: (509)248-0432
<u>Central Transit</u>	Ellensburg, WA	None	None	Free	Phone: (509)993-2287
<u>C-Tran</u>	The Vancouver Urban Growth Area, the city limits of Camas, Washougal, Ridgefield, La Center, Battle Ground, and Yacolt	Must be a middle school or high school student who are enrolled in Vancouver, Evergreen, Battle Ground, Camas or Washougal school districts, the Washington State School for the Blind, the Washington School for the Deaf or the Next Success program	None Valid school ID and Youth Opportunity Pass	Free	Phone: (360)695-0123
<u>Intercity Transit</u>	Olympia, WA	None	None Hours vary	Free	Phone: (360)786-1881 or (800)287-6348
<u>Ben Franklin Transit</u>	Othello, Connell, Basin City, Mesa, Pasco to Walla Walla, Prosser to Yakima, Yakima to Ellensburg	Medicare card, Social Security Disability award letter, DVR and DDD letter, Written attestation from a Medical/Mental Health care provider, or WA State Handicap Parking ID (permanent)	Reduced Fare passes are only sold at Three Rivers Transit Center and ID required. If you have purchased 10-ride tickets at a lesser price they will be honored as full payment on all of the local system services.	\$0.75/ person	Phone: (509)735-5100
<u>Seattle Center Monorail</u>	Seattle, WA	Seniors 65+, disabled, persons with Medicare cards, U.S. military with ID, ORCA LIFT cards accepted	None One-Way Fair	\$1.50/person Children: Ages 5 and under ride for free	Phone: (206)905-2600

Medical, Pharmacy, Dentistry

Program Name	Service Area	Eligibility	Cost	Extra Information	Contact Information
Health Care Authority - Prescription Drug Program	Statewide	Anyone, but particularly for those who do not have prescription drug coverage	No cost to enroll and get a discount card – Prescription drug costs vary. Savings are in the 20%-60% range.	<p>The discount can't be combined with other insurance, including Medicaid or Medicare. It can be used for prescription drugs not covered by your insurance plan, or by Medicare beneficiaries who do not have Part D coverage.</p> <ul style="list-style-type: none"> • Discounts are given at the sales counter. • You may need to enroll in the specific pharmacy's loyalty program to get the best discount. • Look up prescription drug prices here. 	Phone: (800)913-4146
Familywise Prescription Savings Program	National	Anyone, but particularly for those who do not have prescription drug coverage	No cost to enroll and get a discount card – Prescription drug costs vary but savings average 45%.	<p>Familywise partners with pharmacies nationwide to negotiate prescription discounts, so you receive a lower price.</p> <ul style="list-style-type: none"> • Discounts are given at the sales counter. • You may need to enroll in the specific pharmacy's loyalty program to get the best discount. • Look up prescription drug prices here. 	Phone: (844)234-3057
GoodRX	Nationwide	Anyone, but particularly for those who do not have prescription drug coverage	No cost to enroll and get a discount card – coupons also apply for the most up to date savings. Prescription drug costs vary but can get significant savings on most prescriptions.	<p>GoodRX partners with pharmacies nationwide to negotiate prescription discounts, so you receive a lower price.</p> <ul style="list-style-type: none"> • Discounts are given at the sales counter. • You may need to enroll in the specific pharmacy's loyalty program to get the best discount. • Look up prescription drug prices here. 	Phone: (855)268-2822
University of Washington School of Dentistry – Teaching Clinics	Seattle area	Anyone	Savings of 30-40% over retail. Insurance including Apple Health may be accepted (check first).	<p>Dental students, working toward their DDS degree, care for patients under supervision of experienced, licensed faculty dentists. This is a teaching experience so appointments will take 2-3 times longer than regular dentist appointments. Payment is due at the time of appointment. The only payment plan option requires the Care Credit Card. See some pricing information here.</p>	Phone: (206)616-6996

Medical, Pharmacy, Dentistry (continued)

<p><u>Washington Health Plan Finder</u></p>	<p>Washington</p>	<p>Most individuals and families who enroll through Washington Healthplanfinder receive financial help to pay for their coverage. Depending on how much you earn, you could qualify for a free or low-cost health plan or be eligible for financial help that can lower the cost of your premiums and co-pays.</p>	<p>None</p>	<p>The WA Health Benefit Exchange is responsible for the operation of the Healthplanfinder online marketplace for individuals and families to find, compare and enroll in Qualified Health Plans, Qualified Dental Plans and Washington Apple Health (Medicaid). Washington Healthplanfinder offers Washington state residents:</p> <ul style="list-style-type: none"> • Side-by-side comparisons of Qualified Health Plans and Qualified Dental Plans • Tax credits or financial help to pay for co-pays and premiums <p>New customers can sign up for a Qualified Health and Dental Plan during open enrollment 11/1 through 12/15 to make sure coverage is active by Jan. 1.</p>	<p>Phone: (855)923-4633; TTY: (855)627-9604 M-F 7:30 AM to 8:00 PM</p>
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Retail Low Income Discounts

Company	Eligibility	Benefit	Location	Extra
Amazon	EBT or Medicaid card	Amazon Prime for \$6.99/month Amazon Fresh - Buy \$10 worth of fruits and vegetables with your EBT card and receive a \$5 coupon for your next purchase of fruits and vegetables.	Online	Free delivery, including groceries where available, Amazon Originals, movies and TV shows, exclusive discounts
Safeway/Albertsons	EBT card Must also have a Safeway or Albertson's Club Card	Buy \$10 worth of fruits and vegetables with your EBT card and receive a \$5 coupon for your next purchase of fruits and vegetables.	Washington	Select Safeway and Albertsons stores offer curbside pickup for EBT card users. Call your local store to see if this is available.

Farmers Market Discounts Benefits vary from market to market. Common matches include getting \$1 for every \$1 spent on your EBT card up to \$10 and getting \$2 for every \$5 spent on your EBT card (click on the Name for an internet link)

Farmers Market information changes occasionally. Please see this [link for Farmers Market information](#) in your area.

May purchase various fresh, nutritious, unprepared, locally grown fruits, vegetables and herbs. Cannot purchase nonfood items, alcoholic drinks, tobacco, vitamins, medicines and hot food.

Name	Location	Eligibility	Day(s) Open	Season Details
Aberdeen Sunday Market	105 W Heron St, Aberdeen, WA 98520	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	5/28/2023 – 10/8/2023
Anacortes Farmers Market	611 R Avenue, Anacortes, WA 98221	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 10/28/2023
Auburn Farmers Market	1140 Auburn Way S, Auburn, WA 98002	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	6/4/2023 – 9/17/2023
Bainbridge Island Farmers Market	280 Madison Avenue North, Bainbridge Island, WA, 98110	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	4/1/2023 – 11/25/2023
Ballard Farmers Market	5345 Ballard Ave NW, Seattle, WA 98107	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	1/1/2023 – 12/31/2023
Bayview Farmers Market	Bayview Rd, Langley, WA 98260	SNAP EBT, Matching \$ for SNAP	Saturdays	4/29/2023 – 10/21/2023
Bellevue Farmers Market	1717 Bellevue Way NE, Bellevue, WA 98004	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	5/18/2023 – 10/5/2023
Bellingham Farmers Market	1100 Railroad Ave, Bellingham, WA 98225	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	1/21/2023 – 12/16/2023
Bremerton Community Farmers Market	Evergreen Park, 1400 Park Ave., Bremerton, WA 98312	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	5/11/2023 – 10/12/2023
Broadway Farmers Market	1099-949, Broadway, Tacoma, WA 98402	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	5/4/2023 – 10/26/2023
Burien Farmers Market	480 SW 152nd St., Burien WA 98166	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	1/5/2023 – 12/28/2023
Camas Farmer's Market	NE 4th Ave, Camas, WA 98607	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	5/31/2023 – 9/27/2023
Capitol Hill Farmers Market	E. Barbara Bailey Way between Broadway Ave E., Seattle, WA 98102	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	1/1/2023 – 12/31/2023
Carnation Farmers Market	Stossel Ave. NE & W Bird St., Carnation, WA 98014	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	6/6/2023 – 08/29/2023
Cashmere Community Farmers Market	Chief Harmelt Park, 600 Cotlets Way, Cashmere, WA	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	5/14/2023 – 10/15/2023
Centralia Farmer's Market	100 E Pine Street, Centralia, WA 98531	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Fridays	5/5/2023 – 09/29/2023

Retail Low Income Discounts (continued)

Farmers Market Discounts <i>(click on the Name for an internet link)</i>				
Name	Location	Eligibility	Day(s) Open	Season Details
<u>Chimacum Farmers Market</u>	9122 Rhody Dr, Chimacum, WA 98325	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	6/4/2023 – 10/29/2023
<u>Clarkston Farmers Market</u>	Beachview Park, Chestnut Street, Clarkston, WA 99403	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	6/1/2023 – 9/14/2023
<u>Columbia City Farmers Market</u>	5th Ave S & S Edmunds St., Seattle, WA 98118	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	5/3/2023 – 10/11/2023
<u>Community Farmers Market at Chehalis</u>	Boistfort & Market St., Chehalis, WA	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	6/8/2023 – 10/25/2023
<u>Coupeville Farmers Market</u>	788 NW Alexander St., Coupeville, WA 98239	WIC & Senior FMNP	Saturdays	4/22/2023 – 10/14/2023
<u>Cowlitz Community Farmers Market</u>	1900 7th Ave, Longview, WA 98632	WIC & Senior FMNP, SNAP EBT	Tuesdays and Saturdays	4/15/2023 – 10/28/2023
<u>Downtown Farmers Market-Walla Walla</u>	106 W Main St, Walla Walla, WA 99362	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 10/28/2023
<u>Downtown Kennewick Farmers Market</u>	204 W Kennewick Ave, Kennewick, WA 99336	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/1/2023 – 10/28/2023
<u>Downtown Yakima Farmers' Market</u>	22 S 3rd Ave, Yakima, WA 98901	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	5/14/2023 – 10/22/2023
<u>DuPont Farmers Market</u>	1400 Palisade Blvd, Dupont, WA 98327		Thursdays	6/1/2023 – 8/17/2023
<u>Duvall Farmers Market</u>	16201 Main St NE, Duvall, WA 98019	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	5/4/2023 – 10/12/2023
<u>Eastside Farmers Market</u>	1721 E 56th St, Tacoma, WA 98404	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	6/1/2023 – 8/29/2023
<u>Ellensburg Farmers Market</u>	4th Ave, Ellensburg, WA 98926	WIC & Senior FMNP, SNAP EBT	Saturdays	5/6/2023 – 10/28/2023
<u>Emerson-Garfield Farmers' Market</u>	2310 N Monroe St., Spokane, WA 99205	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Fridays	6/2/2023 – 9/29/2023
<u>Enumclaw Plateau Farmers' Market</u>	1600 1st St, Enumclaw, WA 98022	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/1/2023 – 9/28/2023
<u>Everett Farmers Market</u>	Hewitt & Wetmore Avenues, Everett, WA 98201	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	5/17/2023 – 11/19/2023
<u>Fairwood Farmers' Market</u>	319 W Hastings Rd, Spokane, WA 99218	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	5/16/2023 – 10/10/2023
<u>Federal Way Farmers Market</u>	1701 S. 320th, Federal Way 98003	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/13/2023 – 10/28/2023
<u>Goldendale Farmers Market</u>	Corner of East Broadway and NE 3rd Goldendale, WA 98620	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 -9/30/2023
<u>Kirkland Wednesday Market</u>	25 Lakeshore Plaza, Kirkland, WA 98033	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	6/7/2023 – 9/27/2023
<u>Lake City Farmers Market</u>	NE 125th ST. & 28th Ave NE, Seattle, WA 98125	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/8/2023 – 10/5/2023
<u>Lake Forest Park Farmers Market</u>	17171 Bothell Way NE, Lake Forest Park, WA 98155	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	5/8/2022 -10/16/2022

Retail Low Income Discounts (continued)

Farmers Market Discounts <i>(click on the Name for an internet link)</i>				
Name	Location	Eligibility	Day(s) Open	Season Details
Lake Stevens Farmers Market	1806 Main St., Lake Stevens, WA 98258	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	6/7/2023 – 8/30/2023
Leavenworth Community Farmers Market	330 Evans St., Leavenworth, WA 98826	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/1/2023 – 10/12/2023
Liberty Lake Farmers Market	1421 N Meadowwood Ln., Liberty Lake, WA 99019	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/20/2023 – 10/14/2023
Lyndon Farmers Market	319 Grover Street, Lynden, WA 98264	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	6/3/2023 – 9/30/2023
Madrona Farmers Market	1126 Martin Luther King Jr Way, Seattle, WA 98122	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Fridays	5/12/2023 – 10/21/2023
Magnolia Farmers Market	West McGraw St., 33rd Ave W, Seattle, WA 98199	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	6/3/2023 – 10/14/2023
Maple Valley Farmers Market	25719 Maple Valley Black Diamond Rd SE, Maple Valley, WA 98038	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 10/28/2023
Millwood Farmers' Market	9300 E Frederick Ave, Spokane, WA 99206	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	5/31/2023 – 10/11/2023
Morton Farmer's Market	700 W Main Ave, Morton, WA 98356	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/7/2022 – 9/24/2022
Mount Vernon Farmers Market	501 Main Street, Mount Vernon, WA	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/20/2023 – 10/14/2023
North Bend Farmers Market	400 SE Orchard Dr, North Bend, WA 98045	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/8/2023 – 9/7/2023
Northeast Washington Farmers Market	121 E Astor St., Colville, WA 99114	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays and Saturdays	5/3/2023 – 10/28/2023
Okanogan Valley Farmers Market	1030 2nd Ave N, Okanogan, WA 98840	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays and Saturdays	5/6/2023 – 10/28/2023
Okanogan Valley Farmers Market (Omak)	2nd Ave, Omak, WA 98841	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	6/20/2023 – 10/24/2023
Olympia Farmers Market	700 Capitol Way N, Olympia, WA 98501	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays, Fridays, Saturdays and Sundays	1/7/2023 -12/24/2023
Pasco Farmers Market	101-147 S 4th Ave, Pasco, WA 99301	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 10/28/2023
Point Ruston Farmers Market	Grand Loop, Tacoma, WA 98402	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	6/4/2023 – 9/4/2023
Port Angeles Farmers Market	133 E Front St., Port Angeles, WA 98362	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	1/7/2023 -12/30/2023
Port Orchard Farmers Market	901 Bay St., Port Orchard, WA 98366	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	4/15/2023- 10/21/2023
Port Townsend Farmers Market	650 Tyler St, Port Townsend, WA 98368	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	4/1/2023 – 12/16/2023
Poulsbo Farmers Market	18901 8th Ave NE, Poulsbo, WA 98370	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	4/1/2023 – 12/16/2023
Proctor Farmers Market	N 27th St. & N. Proctor St., Tacoma, WA 98407	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	3/25/2023 – 12/16/2023

Retail Low Income Discounts (continued)

Farmers Market Discounts <i>(click on the Name for an internet link)</i>				
Name	Location	Eligibility	Day(s) Open	Season Details
Prosser Farmers Market	1329 Sommers Ave, Prosser, WA 99350	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	6/3/2023 – 9/30/2023
Puyallup Farmers Market	300 S Meridian, Puyallup, WA 98371	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	4/15/2023 -10/14/2023
Queen Anne Farmers Market	Queen Anne AVE N & W Crockett ST., Seattle, WA 98109	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/1/2023 – 10/12/2023
Renton Farmers Market	233 Burnett Ave S, Renton, WA 98057	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	6/6/2023 – 9/26/2023
Richland Farmers Market	707 The Pkwy, Richland, WA 99352	WIC & Senior FMNP	Friday	6/2/2023 – 10/27/2023
Salmon Creek Farmers' Market	2211 NE 139th St., Vancouver, WA 98686	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/8/2023 – 10/5/2023
Sammamish Farmers Market	5703 208th Ave NE, Redmond, WA 98053	WIC & Senior FMNP	Wednesdays	5/10/2023 – 9/27/2023
San Juan Island Farmers Market	150 Nichols St., Friday Harbor, WA 98250	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	4/1/2023 – 10/28/2023
Sedro-Woolley Farmers Market	Metcalf St. & Ferry St., Sedro-Woolley, WA 98284	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	5/24/2023 – 10/18/2023
Sequim Farmers and Artisans Market	152 W Cedar St., Sequim, WA 98382	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/14/2022 – 10/29/2022
Shelton Farmers Market	306 W Railroad Ave, Shelton, WA 98584	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 10/28/2023
Shoreline Farmers Market	15415 Westminster Way N, Shoreline, WA 98133	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	6/3/2023 –10/7/2023
Silverdale Farmers Market	9490 Silverdale Way, Silverdale, WA 98383	WIC & Senior FMNP, SNAP EBT	Tuesdays	4/25/2023 – 9/26/2023
Snohomish Farmers Market	8705 Marsh Rd, Snohomish, WA 98296	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	5/4/2023 – 9/28/2023
South Whidbey Tilth Farmers Market	2812 Thompson Rd, Langley, WA 98260	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	4/30/2023 – 10/15/2023
Spokane Farmers Market	20 W 5th Ave, Spokane, WA 99202	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays and Saturdays	5/13/2023 – 10/28/2023
Stanwood Farmers Market	8727 271st St NW, Stanwood, WA 98292	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Fridays	6/2/2023 – 10/6/2023
Stevenson Farmers Market	140 SW Cascade Ave, Stevenson, WA 98648	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	6/10/2023 – 10/14/2023
Tenino Farmers Market	213 Sussex Ave W, Tenino, WA 98589	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 9/30/2023
Thursday Market in South Perry	924 S Perry St, Spokane, WA 99202	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	5/4/2023 – 10/26/2023
Toledo Thursday Market	115 Ramsey Way, Toledo, WA 98591	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	3/16/2023 –12/14/2023
Tukwila Village Farmers Market	14350 Tukwila International Blvd, Tukwila, WA 98168	SNAP EBT, Matching \$ for SNAP	Wednesdays	6/21/2023 – 10/11/2023
Tumwater Farmers Market	237 Dennis St. SE, Tumwater, WA 98501	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	6/4/2023 – 8/27/2023
University District Farmers Market	5031 University Way NE, Seattle, WA 98105	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	1/7/2023 – 12/30/2023
Vashon Island Farmers Market	17519 Vashon Hwy SW, Vashon, WA 98070	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Saturdays	5/6/2023 – 9/30/2023

Retail Low Income Discounts (continued)

Farmers Market Discounts <i>(click on the Name for an internet link)</i>				
Name	Location	Eligibility	Day(s) Open	Season Details
<u>The Village Farmers Market</u>	10507 156 St. E, Puyallup, WA 98374	SNAP EBT	Tuesdays	7/11/2023 – 8/15/2023
<u>Wallingford Farmers Market</u>	Meridian Ave N & N 50th St., Seattle, WA 98103	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays	5/24/2023 – 9/27/2023
<u>Waterfront Farmers Market of Gig Harbor</u>	3311 Harborview Dr #101a, Gig Harbor, WA 98332	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Thursdays	6/1/2023 – 9/14/2023
<u>Wenatchee Valley Farmers Market</u>	7 N Worthen St., Wenatchee, WA 98801	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Wednesdays and Saturdays	5/13/2023 -10/28/2023
<u>West Seattle Farmers Market</u>	California Ave SW & SW Alaska St., Seattle, WA 98116	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Sundays	1/1/2023 – 12/31/2023
<u>White Salmon Farmers Market</u>	Washington and Lincoln Streets, White Salmon, WA 98672	WIC & Senior FMNP, SNAP EBT, Matching \$ for SNAP	Tuesdays	6/6/2023 – 9/26/2023
<u>Woodinville Farmers Market</u>	13680 NE 175th St., Woodinville, WA 98072	WIC & Senior FMNP, SNAP EBT	Saturdays	5/6/2023 – 9/30/2023
<u>Yelm Farmers Market</u>	301 2nd St SE, Yelm, WA 98597	WIC & Senior FMNP	Saturdays	5/27/2023 – 9/30/2023

Financial Institutions

Financial Institutions (click on the Company Name for an internet link) The financial institutions below are provided for information only. Some of the benefits of each are listed but there also may be issues, limitations or costs that may impact your decision to select a bank. Also, conditions may change. Please do your homework before selecting a financial institution.

Company Name	Location	Description	Benefits	Contact
Chime	Internet Only	Chime is an app that allows customers to perform banking functions.	<ul style="list-style-type: none"> • Receive direct deposit (paychecks, for example) distributions up to two days early • No monthly fees or international transaction fees • Replacement debit cards at no cost • No minimum balance • More than 60,000 fee-free ATMS nationwide (with a map app to find them) • Send money to anyone's bank account instantly without fees. • Cash deposits may be made at 90,000 retail locations (for example, 7-Eleven and Walmart). • With a direct deposit of at least \$200 per month in place, Chime will allow customers to overdraft by up to \$200 with no fees. The limit starts at \$20 and increases based on account history. If overdrawn, Chime will apply your next direct deposit to the negative balance. • Chime also offers a secured credit card 	(844)244-6363
Dora	Internet Only	Dora is an online app backed by four cooperative credit unions	<ul style="list-style-type: none"> • Up to two day early pay with direct deposit • No monthly fees • No minimum balance • 30,000 fee free ATMs • App fully integrated with Spanish 	Email Only
Discover Bank	Internet Only		<ul style="list-style-type: none"> • 1% cash back on up to \$3,000 in debit card purchases each month • No Monthly fees • Standard checks are available • Access to over 60,000 fee free ATMs in the U.S. • Send and receive money with Zelle • No minimum balance • No-fee replacement debit card 	(800)347-7000

Low Cost Museum Options

Museum Discounts <i>(click on the Company Name for an internet link)</i>						
Company Name	Location	Eligibility	Conditions	Cost	Extras	Contact
<u>Museums for All</u>	Nationwide	SNAP recipients	Those receiving food assistance can gain free or reduced admission to more than 700 museums throughout the US by presenting their EBT card.	Mostly free but confirm prior to visiting	The website has a geo-map feature to search for participating museums. Many of the museums and children's museums below can be found on this website.	Use the website to get contact information for each participating museum.
<u>Bainbridge Island Museum of Art</u>	550 Winslow Way E Bainbridge Island WA 98110	None	10am-6pm daily	Free	None	Phone: (206)842-4451
<u>Bellevue Arts Museum</u>	510 Bellevue Way NE Bellevue WA 98004	EBT Card Also <u>King County</u> Public Library users can check out a pass if available	Limitations apply for library card access – <u>See King County FAQ</u>	\$2 adults, \$1 children, \$5 family	None	Phone: (425) 519-0770
<u>Bill and Melinda Gates Foundation Discovery Center</u>	440 5th Avenue N. Seattle, WA 98109	None	None	Free	None	Phone: (206)709-3100
<u>Bing Crosby Collection @ Gonzaga University</u>	508 E Sharp Ave Spokane WA 99258	None	1st Fridays: 5pm-8pm	Free	None	Phone: (509)313-3847
<u>Blackman House Museum</u>	118 Ave B Snohomish WA 98290	None	Weekends: 12pm-3pm	Free	None	Phone: (360)568-5235
<u>Burke Museum</u>	4300 15th Ave. NE Seattle, Washington 98105	EBT or SNAP cardholders	None	Free	Free First Thursday	Phone: (206)543-7907
<u>Chateau St. Michelle Tours</u>	14111 NE 145th St Woodinville WA 98072	21+ years old	10am-5pm	Free	Both reservations and walk-in appointments are available on a first come first serve basis for specific experiences. Check website for times.	Phone: (425)488-1133
<u>Foss Waterway Seaport</u>	705 Dock Street Tacoma, Washington 98402	EBT card holders Also <u>Pierce County</u> Public Library users can check out a pass if available	Up to 2 adults and 4 children Limitations apply for library card access see <u>Museum Pass</u> site	\$2 admission	None	Phone: (253)272-2750
<u>Frye Art Museum</u>	704 Terry Avenue Seattle, Washington 98104	None	Call two business days in advance to take a self-guided tour	Free	None	Phone: (206)622-9250

Low Cost Museum Options (continued)

Company Name	Location	Eligibility	Conditions	Cost	Extras	Contact
Granite Falls Historical Museum	109 E Union Granite Falls WA	None	Sundays 12pm-5pm	Free	None	Phone: (360)691-2603
Idaho State Museum	610 E Julia Davis Dr, Boise, ID 83702	EBT cardholders	Children 12 and under MUST be accompanied by a chaperone 16 years of age or older Children under 5: free	\$3/person (up to 4 family members)	None	Phone: (208)334-2120
Maryhill Museum of Art	35 Maryhill Museum Drive Goldendale, Washington 98620	EBT card holder with valid ID	4 individuals/ card	\$2.00/person	None	Phone: (509)773-3733
Monroe Historical Museum	207 E Main St Monroe WA	None	Monday, Wednesday, Saturday: 12pm-3pm	Free	None	Phone: (360)217-7223
Museum of Glass	1801 Dock St, Tacoma, WA 98402	EBT card Also Pierce County Public Library users can check out a pass if available	Limitations apply for library card access see Museum Pass site	\$1/person, \$2/family (children under 6 are free)	None	Phone: (253)284-4750
Museum of Flight	9404 E Marginal Way S, Seattle, WA 98108	EBT card Also King County or Seattle Public Library users can check out a pass if available	Purchase tickets in advance to guarantee admittance Limitations apply for library card access – See King County FAQ or Seattle FAQ	\$3 admission for up to 4 people	None	Phone: (206)764-5700
Museum of History and Industry	860 Terry Ave N, Seattle, WA 98109	EBT card Also King County or Seattle Public Library users can check out a pass if available	Limitations apply for library card access – See King County FAQ or Seattle FAQ	Free	None	Phone: (206)324-1126
Museum of Idaho	200 N Eastern Ave, Idaho Falls, ID 83402	SNAP and Idaho Food Stamp cardholders	None	\$1/person for up to 4 people	None	Phone: (208)522-1400
Museum of Pop Culture	325 5th Ave N, Seattle, WA 98109	EBT card from any state Seattle Public Library users can check out a pass if available	Limitations apply for library card access – See Seattle FAQ	Free	None	Phone: (206)770-2700
National Nordic Museum	2655 NW Market Street Seattle, Washington 98107		WIC, EBT, SNAP, Medicaid, ProviderOne 5 people per card	\$2 general admission and \$1 Special Gallery	Free First Thursday	Phone: (206)789-5707
Olympic Sculpture Park	2901 Western Ave, Seattle, WA 98121			Free	First Thursdays are FREE	Phone: (206)654-3100

Low Cost Museum Options (continued)

Company Name	Location	Eligibility	Conditions	Cost	Extras	Contact
Pacific Science Center	200 Second Ave. North, Seattle, WA 98109	Receiving any form of public or government assistance	Up to 2 adults and 6 children	\$19/year Family Access Memberships (up to 2 adults and 6 kids) unlimited use of permanent exhibits and discounts on IMAX tickets and temporary exhibits	Free admission to permanent exhibits, documentary IMAX® movie passes, guest passes and more	Phone: (206)443-2001
Puget Sound Navy Museum	251 1st St, Bremerton, WA 98337	None	None	Free	None	Phone: (360)479-7447
Ritzville's Railroad Depot Museum & Dr. Frank R. Burroughs House	201 W Railroad Ave, Ritzville, WA 99169	None	Self-guided tours	Free	None	Phone: (509)659-1656
Seattle Art Museum	1300 1st Ave, Seattle, WA 98101	Verification of SNAP EBT card required. Also King County or Seattle Public Library users can check out a pass if available	Free tickets are available onsite only Limitations apply for library card access – See King County FAQ or Seattle FAQ	Free	First Thursdays are FREE	Phone: (206)654-3100
Seattle Asian Art Museum	1400 E Prospect St, Seattle, WA 98112	Verification of SNAP EBT card required. Also King County or Seattle Public Library users can check out a pass if available	Free tickets are available onsite only Limitations apply for library card access – See King County FAQ or Seattle FAQ	Free	First Thursdays are FREE	Phone: (206)654-3210
Stanwood Area Historical Society	27112 102nd Ave NW Stanwood WA	None	Wed, Sat: 1-4	Free	A library & museum	Phone: (360)629-6110
The Art Museum of Eastern Idaho	Idaho Falls, ID	None	1st Saturday of the month	Free	None	Phone: (208)524-7777
The Center for Wooden Boats	South Lake Union: 1010 Valley Street Seattle, WA 98109 Cama Beach State Park: 1990 SW Camano Drive Camano Island, WA 98282	None	None	Free	Sunday Public Sail, First Thursday Toy Boat Building, Tugboat Story Time	Phone: (206)382-2628

Low Cost Museum Options (continued)

Company Name	Location	Eligibility	Conditions	Cost	Extras	Contact
<u>The Reach Museum</u>	1943 Columbia ParkTrails, Richland, Washington 99352	EBT card holder with valid ID	Up to 6 people (2 adults & 4 children)	\$2.00/person	None	Phone: (509)943-4100
<u>Washington State History Museum</u>	1911 Pacific Ave, Tacoma, WA 98402	Washington Quest card (EBT card), Washington Foster Parent (license) Also <u>Pierce County</u> Public Library users can check out a pass if available	ID required Limitations apply for library card access see <u>Museum Pass</u> site Library passes not available during the Model Train Festival	\$1/person, \$2/family	None	Phone: (253)272-3500
<u>White River Valley Museum</u>	918 H Street SE Auburn WA 98002	None	Wed-Sun: 12-4	Free	None	Phone: (253)288-7433

Low Cost Children's Museum Options

Children's Museum Discounts <i>(click on the Company Name for an internet link)</i>						
Company Name	Location	Eligibility	Conditions	Cost	Extras	Contact Information
<u>Kids Discovery Museum</u>	301 Ravine Lane Bainbridge Island WA 98110	EBT card, CHIP or foster families	None	\$3.00/person	None	Phone: (206)855-4650
<u>Imagine Children's Museum</u>	1502 Wall St. Everett WA 98201	EBT card	None	\$3.00/person	None	Phone: (425)258-1006
<u>KidsQuest Children's Museum</u>	1116 108th Ave NE Bellevue, WA 98006	EBT card holders, CHIP, Provider One, or WIC	None	\$3.00/person	None	Phone: (425)637-8100
<u>Hands on Children's Museum</u>	414 Jefferson St NE, Olympia, WA 98501	EBT card	None	2 guests for free, \$2 for each additional	Unlimited Annual Admission Access membership \$25	Phone: (360) 956-0818
<u>Children's Museum of Tacoma</u>	1501 Pacific Avenue Tacoma, Washington 98402		None	"Pay as you will" There is no charge but donations are accepted	None	Phone: (253)627-6031
<u>Children's Museum of JBLM</u>	2275 Liggett Ave., Joint Base Lewis-McChord, WA 98433		A valid Base Access pass is needed	"Pay as you will" There is no charge but donations are accepted	None	Phone: (253)627-6031
<u>Seattle Children's Museum</u>	305 Harrison Street Seattle, Washington 98109	EBT, CHIP, Provider One, WIC, or Apple Health	None	\$3.00/person	None	Phone: (206)441-1768
<u>Children's Museum of Skagit County</u>	432 Fashion Way, Burlington, WA 98233	EBT, CHIP, Provider One, WIC, or Apple Health	None	\$3.00/person	Infants under 12 months are free	Phone: (360)757-8888
<u>Children's Museum of Walla Walla</u>	77 Wainwright Dr, Walla Walla, WA 99362	Receiving cash or food assistance	Must apply	Free/discounted 3-month membership	Free admission to all every 3rd Tuesday	Phone: (509)526-7529
<u>Children's Discovery Museum</u>	1209 Commerce Longview, WA 98632	None	None	Free	None	Phone: (206)855-4650
<u>Pacific Science Center</u>	200 Second Ave. North, Seattle, WA 98109	Available to anyone who receives any form of public or government assistance	Includes caregivers	Free	\$19/year Family Access Memberships (up to 2 adults and 6 kids) unlimited use of permanent exhibits and discounts on IMAX tickets and temporary exhibits	Phone: (206) 443-2840

Park Pass Discounts

Park Pass Discounts <i>(click on the Company Name for an internet link)</i>							
Company Name	Pass Name	Valid Term	Eligibility	Cost	Description	Additional Discounts	Contact Information
WA State Parks	Senior Citizen Limited Income Pass	valid for 5 years	62+ years old and total household income is \$40,000 or less	No Charge	Allows free camping or moorage during the off season period	Good for a 50% discount on nightly camping / moorage. Free watercraft launching, trailer dump and day-use entry	Information Center: (360) 902-8844
	Free Days 2023	None	None	No Charge	2023 Free Days Jan. 1 — New Year's Day Jan. 16 — Martin Luther King, Jr. Day March 9 -- Billy Frank Junior's Birthday March 19 — State Parks' 110th Birthday April 22 — Earth Day June 11 — National Get Outdoors Day June 12 — Free Fishing Day June 19 — Juneteenth Sept. 23 — National Public Lands Day Oct. 10 -- World Mental Health Day Nov. 11 — Veterans Day Nov. 25 — Autumn Day	None	
WA Federal Parks	Free Days 20223	None	None	No Charge	January 16: Martin Luther King, Jr. Day April 15: First day of National Park Week August 4: Anniversary of the Great American Outdoors Act September 24: National Public Lands Day November 11: Veterans Day	4th grade or home schooled 10 year olds pass – Free Current military Pass	Phone: (202)208-6843

Low Cost Zoo Options

Zoo Discounts <i>(click on the Company Name for an internet link)</i>						
Company Name	Service Area	Eligibility	Conditions	Cost	Term of Service	Contact Information
Woodland Park Zoo	Seattle, WA	Foster/Kinship Families or EBT/Washington Quest or WIC assistance	Must be a Washington State resident, one adult must present verification	\$5 Discover Ticket (up to 6 people) \$35 unlimited use annual pass also available	No contract, annual renewal	Phone: (206)548-2500
Poulsbo Marine Science Center	Poulsbo, WA	None	None	Free	None	Phone: (360)598-4460
Seattle Aquarium	Seattle, WA	King County or Seattle Public Library users can check out a day pass	Limitations Apply – See King County FAQ or Seattle FAQ	Free	Day passes	King County Library: (425)450-1765 (Mon-Sat) Seattle Library: (206)386-4636
Point Defiance Zoo and Aquarium	Tacoma, WA	EBT, P-EBT, WIC, Foster parenting & kinship care	Zoo Lights is not included	\$5 Wild Access ticket (up to 6 people) \$40 unlimited use annual pass also available	None	Phone: (253)404-3800



Low Cost Gym Programs

Gym Discounts <i>(click on the Company Name for an internet link)</i>						
Company Name	Service Area	Eligibility	Conditions	Cost	Term of Service	Extras
Planet Fitness	WA (36 facilities)	No specifications	None	\$10.00/m + tax \$39.00 annual payment \$59.00 joining fee	No contract	Unlimited access, free fitness training, and free WiFi
YMCA	At any YMCA facility	In need of financial assistance	Employed: Two most recent pay stubs or letter from employer verifying employment and annual salary. Unemployed: list unemployment benefits, SSI paperwork, or financial aid benefits and student schedule	Varies	No contract	First-come, first-served



Miscellaneous

<i>(click on the Program Name for an internet link)</i>					
Program Name	Service Area	Eligibility	Cost	Extra Information	Contact Information
Washington 211	Statewide	Anyone	Free	Washington 211 is a free confidential community service and your one-stop connection to the local services you need, from utility assistance, food, housing, health, child care, after school programs, elder care, crisis intervention and much more. Dial the three digit number 2-1-1 on your phone or search for services at www.wa211.org	If you are outside of Washington or have a problem dialing the number 2-1-1, please dial 1-877-211-9274
Washington Listens	Statewide	Anyone	Free	Washington Listens helps people manage stress and anxiety they may be experiencing because of COVID-19. If you or anyone you know is having difficulties managing stress, call the support line.	(833)681-0211 9AM to 9PM M-F 9AM to 6PM
State COVID-19 Assistance Hotline	Statewide	Anyone	Free	State COVID-19 Assistance Hotline is a general information line related to COVID-19.	(800)525-0127
Apartment Finder	Statewide	Low-income households. Discount varies by property and subsidy program type.	Free	aptfinder.org is a non-profit website formed to connect low income households with affordable apartment communities. The properties listed on aptfinder.org include both subsidized and non-subsidized apartment rentals offering income and rent restrictions designed to help low-income families, individuals, seniors, and persons with disabilities find affordable housing.	
Identity Card Voucher Program	Washington state	Receiving cash or food assistance from DSHS	\$5.00	Receive a WA identification card from the Dept. of Licensing	(877)501-2233
Check out Washington	Statewide	Anyone	Free	A collaboration between WA State Parks and Recreation Commission and the Washington State Library to allow people to “check out a state park” without paying the parking fee. One day passes (good for a single car) usually cost \$11.50/day.	Click on the link to search for specific areas
Working Families Tax Credit	Statewide	The WFTC will provide refunds up to \$1,200 to individuals and families who meet certain eligibility requirements, including eligibility for the federal Earned Income Tax Credit. See if you qualify.		How to apply	(360)763-7300

